



Making Life Work...

EVOLIBRI

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assessment ≈ counseling ≈ coaching ≈ classes ≈ communities

State of California Non-Public Agency & Department of Rehabilitation Vendor

CEO of Self Executive Functioning Program @EvoLibri

EvoLibri has created curriculum to accompany Jan's popular book, *The CEO of Self: An Executive Functioning Workbook*, and we are bringing it to our Santa Clara office starting in 2019. We designed this 8-week program specifically to teach older teens and young adults the vital executive functioning skills they need to survive in high school, college, and the workplace. Skills covered follow the outline of the book and include:

- Time Management – using calendars, alarms, timers to better manage your schedule
- Space Management – organizing your physical and virtual workspaces for productivity
- Memory Management – how we learn, and how to improve learning and memory
- Project Management – how to break down large projects into doable pieces
- Information Management – understanding importance vs. urgency, making decisions
- Thought Management – managing intrusive/distorted/negative thoughts
- Obstacle Management – learning how to evaluate and remove barriers

This class runs continuously and participants may join at any time. DOR clients may be able to access this training at no cost by requesting this as PVSA through EvoLibri. Cost to private pay clients is \$50/session, \$75 for both Workplace Adaptability and this course.

New participants should contact info@evolibri.com for a free intake and screening for this program if not already an EvoLibri client.



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EvoLibri CEO of Self Registration

Classes will be held at EvoLibri’s office except as noted, and will be run by EvoLibri Staff. Clients will be billed at end of each month for days participated.

Student’s Name:		Age:	School:	Grade:
Address:		Parent Email:		
Phone:	Cell phone:	Diagnosis/Areas of Concern/Food Allergies:		
Mother’s Name:	Ph:			
Father’s Name:	Ph:	Meds:		
Doctor’s Name:	Ph:	Insurance:		
Class	Section		Fees	
Workplace Adaptability – Santa Clara	<input type="checkbox"/> Fridays, 10 am – 12 pm		\$50/session	
CEO of Self – Santa Clara	<input type="checkbox"/> Fridays, 1 pm – 3 pm		\$50/session	
WAP + CEO	<input type="checkbox"/> Fridays, 10 am – 3 pm, w/ lunch break		\$75/both sessions	
Check out PEERS Social Skills Groups, LifeLaunch and EvoClubs Social Events – www.evolibri.com/downloads/				

Families will be billed monthly for attended sessions.