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State of California Non-Public Agency & Department of Rehabilitation Vendor



## Late Diagnosed Autistic (LDA) Group

## Finding your neurokin!

This group is designed for late diagnosed Autistic adults (self or formally diagnosed). The group is led and created by a late-diagnosed AuDHD (Autistic + ADHD) therapist (Teresa Koro, AMFT #149294, supervised by Angelique Bagley, LMFT, #37081) who draws from lived and clinical experience. Goals include connecting like-minded folks, improving sense of belonging, and supporting you in living an authentic Autistic life. Each week will cover specific topics related to navigating life in a neurotypical world by combining psychoeducation with space for processing.

## **Topics may include:**

- Communication and Rejection Sensitivity Dysphoria
- Accommodations
- Executive Functioning

- Burnout
- Masking
- Special Interests

## **How to Connect!**

All classes have a maximum of 8:1 student to teacher ratio and are offered in virtual format. We screen all new participants for goodness of fit, free of charge. Here's how to get started:

- Already an Evolibri client? Contact your provider for information, and we'll get you set up.
- Not an EvoLibri client yet? Please send an email to <a href="mailto:programs@evolibri.com">programs@evolibri.com</a> and we'll set up an intake session prior to registration.
- School district wanting to refer students? Please contact us at intake@evolibri.com