



Making Life Work...

EVOLIBRI

therapy ≈ coaching ≈ transition ≈ classes ≈ community ≈ training

4655 Old Ironsides Dr., Ste 170
Santa Clara, CA 95054
p 408 735-7990
f 888 735-7991
intake@evolibri.com
www.evolibri.com

Dungeons & Dragons

Therapeutic RPG for Older Teens and Adults

Starting in Spring 2026, EvoLibri will offer a 10-week Dungeons & Dragons social skills program designed for older teens and young adults. In this program, participants learn the fundamentals of D&D while building vital skills in a structured, neurodivergent-affirming environment.

This 10-week group integrates therapeutic approaches and research-supported benefits of tabletop roleplaying games, led by a practiced (and enthusiastic!) DM with licensed professional supervision. The weekly 2-hour course will be taught in closed cohorts with a ratio of no more than 6:1. Participants must attend one pre-class session/intake prior to group start.

Skills covered include the following:

- **Develop Self-Concepts** – use role play to safely explore who you can become
- **Conflict Resolution** – practice managing disagreement, frustration, and find paths to repair relationships with others
- **Communication Skills** – learn the elements of constructive dialogue and the ability to share needs and wants while engaging in team-building exercises
- **Problem Solving** – overcome difficult situations by working through challenges with peers
- **Social Navigation** – recognize social cues, boundaries, and expectations while navigating group dynamics

Getting Started:

- **For Experienced D&D Players:** schedule and complete your complimentary 30-minute intake session focused on character creation and group guidelines.
- **For Beginners:** attend a 2-hour introductory group session where we teach you everything you will need to know! No prior experience required!

How to Connect! Email programs@evolibri.com for registration info.

